

Week 13 – Summer CSA

August 29 – September 4, 2022

Hi friends,

This past week we've been out in the sweet corn patch more than usual! Definitely feels summery to be snapping corn ears off of the stalk, and making them beautiful for our customers. These plants are about head-high, with most plants producing one harvestable ear, though many of them produce a second tasty ear as well. Organic sweet corn has long had a reputation for carrying a small, wriggling corn worm in the ear tip. This year, however, we've done very well, and for whatever reason these little worms have been totally absent from our field and the corn tips. We've been especially pleased with the refreshing flavor and crunch that this year's kernels have to offer. Hopefully you've been enjoying this, too.

As an aside, John – our GTF co-owner, for those not familiar – grew up on a farm in Iowa where he grew and picked lots of corn. Not only is it nostalgic and a pleasure for him to interact with his old friend, the corn, but he's also very skilled in picking and handling it. This week John was teaching several new recruits how to judge a ripe ear by feel, and how to most efficiently harvest the corn into field bins. Despite the helping hands, John picked more corn this month than anybody else on the farm, frequently doing a morning pick and an evening pick in the same day. We hope you enjoy John's corn, and that, across all ingredients, you savor these bright and colorful summer meals while still here.

Box contents, Week 13:

- Red Potatoes
- Yellow Onion
- White Onion
- Garlic
- Cucumber
- Zucchini
- Watermelon or Melon
- Green Beans
- Sweet Corn
- Basil
- Colored Peppers
- Tomatoes

